

### **Cochrane Alliance Church**

902 Glenbow Dr, Cochrane, AB T4C 1J2  
403-932-6100 ext. 101  
mike@cochranealliance.com  
www.cochranealliance.com

We envision a thriving city shaped by 1000s of connected, mature and selfless people who love Jesus. So, come belong, grow and serve with us because you were created to thrive.

### **St.. Andrews United Church**

128 1 St E, Cochrane, AB T4C 1Z3  
(403) 932-2585  
<https://cochraneunited.com/>  
office.cochraneunited@gmail.com  
FREE Tuesday Soup Lunch

### **Cochrane English Language**

English Conversation Classes  
FREE Drop-in No Registration Required  
Tuesday Mornings  
Sunday Afternoons  
Email for details  
englishincochrane@gmail.com

### **Filipino-Canadian Association of Cochrane Alberta (FCACA)**

Tel: 403-999-9123  
Email: fcaca\_canada@yahoo.com  
The Filipino-Canadian Association of Cochrane Alberta is a registered non-profit organization which aims to promote the Filipino culture by connecting with and helping the Cochrane community.

### **Rocky View Schools Adult Learning**

2651 Chinook Winds Drive, SW,  
Airdrie, T4B 0B4  
403-945-4114  
adultlearning@rockyview.ab.ca  
<http://adultlearning.rockyview.ab.ca>  
RVS Adult Learning is committed to providing lifelong learning opportunities in Rocky View County. We offer courses in Adult and Family Literacy, English Language Learning (ELL), Foundational Computer Basics, Community Capacity Building, Online Course and Foundational Learning Tutoring.

### **Bow Valley College**

305 1St E, Cochrane AB T4C 1Z3  
403-851-0463  
bvccochrane@bowvalleycollege.ca  
or visit [www.bowvalleycollege.ca](http://www.bowvalleycollege.ca)  
Bow Valley College is proud to offer a variety of courses and delivery options for community members. The College also offers: exam invigilation for internal or external courses, advising and the use of campus space for the community.

### **Cochrane Library**

403-932-4353  
[www.cochranelibrary.com](http://www.cochranelibrary.com)  
The Cochrane Public Library provides a variety of services and resources including access to books, magazines, computers and free internet and on-line resources. Programs for children, youth, adults and seniors.

# Resources for Newcomers to Cochrane



 @newcomerscochrane

 @ciscnewcomercochane

 [www.cochraneimmigrantservices.ca](http://www.cochraneimmigrantservices.ca)

 CISCcochrane@gmail.com

### **Helping Hands Society of Cochrane and Area**

587-580-9449

programsmanager@helpinghandscochrane.ca

[www.http://helpinghandscochrane.ca/](http://www.helpinghandscochrane.ca/)

The Helping Hands Society of Cochrane and Area is a volunteer linking organization and registered charity. We link people who help with people who need help.

### **Cochrane Family & Community Support**

Services (FCSS)

209 2 Ave W, Cochrane, AB T4C 2B9

(403) 851-2250

We can help you find services and programs. This may include: counselling, food hampers, subsidy programs, government program, parenting information, affordable housing, family legal information, volunteer opportunities, and community events.

### **Town of Cochrane, Arts and Culture**

culture@cochrane.ca

<https://cochrane.ca/ClubHouse-Art-Walk>

<https://cochrane.ca/Camps-and-programs>

Arts and Culture for every age, join camps, art classes and monthly Artwalks in Cochrane.

### **CPAWS Southern Alberta**

schoolprograms@cpaws.org

403-232-6686

The Canadian Parks and Wilderness Society (CPAWS) is Canada's voice for wilderness. We are a non-profit environmental organization working to protect half of Canada's public land and water. Our chapter is also a leader in environmental education, offering award-winning programs to help build the next generation of environmental stewards.

### **Rocky View Immigrant Services**

Fleeha Ahmad

403-604-2377

fahmad@ccisab.ca

Calgary Catholic Immigration Society is in Cochrane weekly to meet with newcomers to the Cochrane area. We provide individual and family support services for immigrants and refugees and help them settle, resettle and integrate into life in Canada. Free services include orientation and information about community resources (ex. housing, healthcare, employment support), English language learning, and more.

### **Rocky View and Wheatland Employment**

PROSPECT HUMAN SERVICES

403.709.0010

info@rwemploymentservices.com

<https://rwemploymentservices.com>

Break Barriers. Employ Change.

Rocky View Employment Services provides employment-related services, guidance, resources and information to assist Albertans in making informed employment and career choices. Free access to computers, printer, internet, and phone. Employment and career counselling and testing. Assistance with resumes and cover letters. Online resume and cover letter support. Building interview skills. Workshops.

### **Boys & Girls Club of Cochrane and Area**

111 5th Avenue West,

Cochrane AB T4C 1B5

403 981 2020

<http://www.bgccochrane.ca>

Great Futures Start Here

### **Emergency services : 911**

Town Services-Cochrane: 211

Community and Social Services Directory

Cochrane RCMP (non-emergency calls)

403-932-2211

Calgary Police (non-emergency calls)

403-266-1234

Connecteen 403-264-8336 (24/7)

Text: 587-333-2724 (Evenings/Weekends)

Sheldon Kennedy Child Advocacy Centre 403-428-5300

Bullying Helpline 1-888-456-2323

Child Abuse Hotline 1-800-387-5437

Eating Disorder Helpline 1-866-633-4220

Calgary Youth Drug Line 403-269-3784

Cochrane and Area Victim Services:

Ph: 403-851-8055

Text: 587-586-3657

Spray Lakes Sawmills Family Sports Centre

800 Griffin Rd E, Cochrane, AB T4C 0A2

[www.slsfamilysportscentre.com](http://www.slsfamilysportscentre.com)

Ph: 403-932-1635

Cochrane Community Health /Mental Health Centre:

Ph: 403-851-6000

Medical Services

Visit: <http://www.albertahealthservices.ca/>